Introduction

Little Warriors is a charitable organization with a national focus that educates adults about how to help prevent, recognize, and react responsibly to child sexual abuse. Little Warriors also provides information about the prevalence and frequency of child sexual abuse and also provides information about healing and support resources.

Vision
To help prevent child sexual abuse.

Mission
• To teach adults how to help prevent, recognize and react responsibly to child sexual abuse.
• To raise awareness about the prevalence and frequency of child sexual abuse.
• To provide national and local resource information about child sexual abuse.

Mandate

Little Warriors is committed to:
• Providing information about child sexual abuse.
• Providing child sexual abuse prevention strategies to adults through education.
• Providing information about healing and support resources.

Goals & Objectives

Education
• Provide information about child sexual abuse and its prevalence.
• Raise awareness about child sexual abuse.
• Provide child sexual abuse resource information.
• Educate adults about how to help prevent child sexual abuse by delivering the Stewards of Children child sexual abuse prevention program.

Prevention
• Provide information about the tools and resources available to help prevent child sexual abuse.

Healing and Support
• Work with those organizations that provide healing and support services.
• Link people to healing and support services through www.littlewarriors.ca.

Helping to Protect Children
• Provide and create educational tools for adults to help them protect children from child sexual abuse.

“I just wanted to say that the littlewarriors.ca website brought me to tears. The help these Little Warriors (children) need is insurmountable. I fight for their lives daily because I know they need our help so much and it is so hard for them to reach out. What are we to do? Little Warriors has given me hope that something is being done about the serious problem of child sexual abuse. I now don’t feel so alone in my personal struggle. Thank you, thank you, thank you!!”
Anonymous, Little Warriors Supporter
Who We Are

Board of Directors
Glori Meldrum, Founder and Chair
Jean Loitz, Vice-Chair
Dwayne Pohranynchyn, Director
Gary Meldrum, Director
Heather Shaw, Director
Lewis Cardinal, Director
Karyn Decore, Director
Dianne Young, Director
Darlene Scott, Director
Ron Helmhold, Director

Advisory Board Directors
Angus Watt, Director
Randy Wickins, Director
John Mould, Director
The Honorable Senator Claudette Tardif, Director
Stephen Kates, Director

Fund Development Committee
Karyn Decore, Chair
Dianne Young, Co-Chair

Governance and Operations Committee
Jean Loitz, Chair

Finance and Audit Committee
Dwayne Pohranynchyn, Chair

Staff
Janelle Watson, Operations Manager
Jennifer Rottier, Canadian Instructor
Cortney Needham, National Program Coordinator
Jennifer Donovan-Taubert, Program Coordinator Winnipeg and Area
Jane Waldron, Program Coordinator Calgary and Area

“Congratulations, Little Warriors!!! Most importantly, thank you for having the courage and the inner strength to move forward with Little Warriors, this is amazing! I applaud Little Warriors for this initiative to speak out and stop child sexual abuse. As we both know, it is more common than what people think.”
Anonymous, Little Warriors Supporter
The very subject of child sexual abuse has become unmentionable. The statistics are disturbing. 1 in 3 girls and 1 in 6 boys will experience an unwanted sexual act before the age of 18 and 95% of the time the child knows the offender. Those are the numbers. But behind every number is a child and a story about the harmful impact of child sexual abuse which can never be measured.

Little Warriors has started a dialogue about child sexual abuse and is bringing it to the forefront, changing attitudes and giving it a voice. 2008 has been an amazing journey. Words cannot express how grateful and privileged we have been to connect with such unique, caring, compassionate, strong, and brave individuals in our community. People from throughout Canada and around the world, have been drawn to Little Warriors, and are inspired that Little Warriors is enriching our community to help protect children from sexual predators.

We have gained a new perspective about the issue of child sexual abuse, regarding the needs and demands required for our community. We have learned that awareness, prevention and intervention are key factors to help reach a tipping point of community change. Together, we can take important steps towards social change; to help change the statistics and protect children from child sexual abuse. Antagonism averts positive change. Collectively allows progression. This represents, all levels of the community collaboratively working together as a team to achieve a common goal; simply put, it is all about the kids.

Little Warriors has reached out to our community with diverse and affordable prevention education. Little Warriors has trained a wide range of adults and groups, including, day care providers, parents, aboriginal organizations, community/faith based organizations, police, victim services, and social workers to name a few. The objective for 2009 is clear, to target each and every adult to educate them about child sexual abuse prevention and to deliver powerful marketing messages to our community. This is what makes Little Warriors a leader in awareness and prevention education for our community.

All levels of the community have played an instrumental role in 2008 to help in the efforts to help prevent child sexual abuse. Little Warriors would like to thank and show appreciation by commending each and every financial/in-kind contributor, media supporter, friend, and volunteer. Every contribution, large or small, has allowed Little Warriors to pursue the vision to help protect our children. You are helping to make a difference. You play a valuable role in the perseverance and critical level of insight into the achievement, success, issues and challenges that will help Little Warriors deliver important initiatives to our community.

We look forward to 2009 as we embrace the journey that has only just begun. Cheers to another memorable year!

Warm Regards,

Glori Meldrum, B.Comm.
Founder and Chair, Little Warriors
### Program Success

**Adults Educated and Children Impacted**

<table>
<thead>
<tr>
<th>Province</th>
<th>Public</th>
<th>Facilitators</th>
<th>Active Facilitators</th>
<th>Children Impacted*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alberta</td>
<td>1021</td>
<td>26</td>
<td>10</td>
<td>10210</td>
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<tr>
<td>British Columbia</td>
<td>4</td>
<td>0</td>
<td>0</td>
<td>40</td>
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<tr>
<td>Manitoba</td>
<td>31</td>
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<td>1</td>
<td>310</td>
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<td>Saskatchewan</td>
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<td>160</td>
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<td>Yukon</td>
<td>18</td>
<td>13</td>
<td>0</td>
<td>180</td>
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<tr>
<td>Other Provinces</td>
<td>N/A</td>
<td>1</td>
<td>0</td>
<td>N/A</td>
</tr>
</tbody>
</table>

**Grand Total**

- Public: 1090
- Facilitators: 41
- Active Facilitators: 11 (27%)
- Children Impacted: 10,900

**Education Hours:** 3578

*Represents one adult educated in child sexual prevention will help to impact 10 children.

**Volunteers Committed to Help Stand Up for Our Children**

<table>
<thead>
<tr>
<th>Volunteer Hours</th>
<th>Volunteers</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Board and Advisory Board</td>
<td>8</td>
<td>400</td>
</tr>
<tr>
<td>Committees</td>
<td>13</td>
<td>135</td>
</tr>
<tr>
<td>Fund Development</td>
<td>8</td>
<td>100</td>
</tr>
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<td>Program Facilitators</td>
<td>41</td>
<td>431</td>
</tr>
<tr>
<td>Administrative Assistance</td>
<td>7</td>
<td>140</td>
</tr>
</tbody>
</table>

**Grand Total**

- Volunteers: 77
- Hours: 1206

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“In this year alone, Little Warriors has given hope and courage to so many. Our toll free phone number and website has provided connections to those who need help and resources. In only one year, the Stewards of Children Program has trained well over one thousand adults in our community. Imagine what next year will look like.”

**Lewis C., Aboriginal Community Leader and Little Warriors Board Director**
Organizations with Individuals Trained in the Stewards of Children Program

Edmonton, Alberta

- Abilities Society
- Aboriginal Family Center
- Alberta Alcohol and Drug Abuse Commission (AADAC)
- Alberta Integrated Child Exploitation (I.C.E.) Unit
- Avenue Magazine
- Ben Calf Robe Society (All Staff)
- Bent Arrow Family Support Workers/ Healthy Families
- Big Brothers Big Sisters
- Bissell Centre, Well Community Program
- Bosco Homes
- Boyle Street Community Services
- Boys & Girls Club (All Staff)
- Capital Health
- Central Baptist Church
- City of Edmonton Community Services (Recreation, All Staff 2007)
- Community Options (All Staff)
- Crossroads Family Services, Foster Care Agency
- E4C, Early Head Start
- Early Childhood Development Support Services
- Edmonton Examiner
- Edmonton Native Healing Centre
- Edmonton North West Day Care Centre
- Edmonton Police Services
- Elizabeth Fry Society of Edmonton
- Elmwood Elementary School (Early Childhood Staff)
- Erin White’s Day Home
- EWH Childcare Society
- Foster Parents
- Franciscans of Western Canada Edmonton (All Staff)
- Girl Guides of Edmonton
- Glengarry Daycare (All Staff)
- Glenrose Rehabilitation Hospital
- Global Edmonton
- Good Samaritan Society
- Grant MacEwan Community College Childcare Conference
- Grant MacEwan (Faculty of Health & Community Studies)
- Heart for Children Canada
- Inner City Youth Housing Project
- Institute for the Advancement of Aboriginal Women
- John Howard Society
- KARA Family Resource Centre
- Kids Kottage
- Kids Up Front Foundation
- Mad Mothers Against Pedophiles
- McMann Youth, Family and Community Services Association
- Metis Family Child Services (All Staff)
- Mother Theresa Elementary (All Staff)
- Native Counselling Services of Alberta
- NCSA Aboriginal Parent Link Centre
- Oliver Parent Centre (All Staff)
- Pagnotta Construction
- Prince Charles School (Family Support Workers)
- Rainbow Daycare
- River West Christian Church
- Safe Edmonton
- Salvation Army
- Spirit Keeper Youth Society
- Spruce Avenue School (All Staff)
- Stollery Children’s Hospital Foundation
- Terra Centre
- The Red Cross
- The River Community Church
- The Sexual Assault Centre of Edmonton
- The Zebra Child Protection Centre
- Uncles and Aunts at Large
- University of Alberta Faculty of Education and Faculty of Nursing Students
- WIN House (All Staff)
- WINGS of Providence, Crisis Shelter
- YMCA (Family Health & Lifestyle Program & Childcare Program)

Calgary, Alberta

- Big Brothers and Big Sisters
- Bow Valley College Early Childcare (Class 2008)
- Calgary Communities Against Sexual Abuse (CCASA)
- Calgary Police Services
- Calgary Victim Services (All Volunteers)
- Children’s Creative Learning Centre Daycare (All Staff)
- Parents in Partnership
- Sir Alexander McKenzie, Calgary Teacher

“As a parent I know how important it is to protect children. I encourage every parent, teacher, coach, day care worker and responsible adult to do their part to ensure our kids are safe.”
Angus Watt, National Bank Financial Managing Director and Little Warriors Board Director
### Organizations with Individuals Trained in the Stewards of Children Program

**Other Markets**

- Barrhead Family and Community Support Services (All Staff)
- Bigstone Health Commission, Maternal Child Health - Wabasca, AB (All Nursing Staff)
- Brighter Futures - Hobbema, AB
- Brite Beginnings Day Care - Sherwood Park, AB (All Staff)
- Buffalo Lake Metis Settlement - Caslan, AB
- Camp Caroline - Caroline AB
- Camrose Police Detachment (Constable)
- Chinooks Edge School Division - Sylvan Lake, AB
- Elizabeth Metis Settlement
- Elk Island Public School
- Ermineskin Head Start & Daycare
- Ermineskin Primary Community School - Hobbema, AB (All Staff)
- Fort St. John RCMP Victim Services - Fort St. John, BC
- Grandma Gooch Daycare Inc. - St. Albert, AB (All Staff)
- Healthy Families Healthy Futures Society - Westlock, AB
- Innisfail Family Day Home Society (All Staff)
- Kwanlin Dun First Nation - Whitehorse, AB (All Staff)
- Living Waters Christian Academy - Spruce Grove, AB (All Staff)
- Mountain Rose Women’s Shelter - Rocky Mountain House, AB (All Staff)
- New Dimensions Day Home Program Inc. - Innisfail, AB
- Razzel Dazzel Day Homes - Innisfail, AB
- Samson Cree Reserve
- Samson Daycare
- Sparling School - Camrose, AB (All Staff)
- St. Albert Day Care Society
- St. Albert Gazette
- The Upper Room Help Services - Edson, AB
- Town of Penhold, AB
- Treaty 8 Health Services - Fort. St. John, BC
- Valleyview RCMP Detachment
- Western Cree Tribal Council - Sturgeon Lake, AB

* "All Staff" represents 30% or more of staff trained.

### Participants in the Stewards of Children Program

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<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Organizations</td>
<td>28%</td>
</tr>
<tr>
<td>Media and/or Press</td>
<td>1%</td>
</tr>
<tr>
<td>Child Services, Social Workers, and/or Youth Advocates</td>
<td>4%</td>
</tr>
<tr>
<td>Aboriginal Organizations</td>
<td>11%</td>
</tr>
<tr>
<td>Teacher, Schools, Universities, and/or Colleges</td>
<td>12%</td>
</tr>
<tr>
<td>Churches and/or Community Groups</td>
<td>3%</td>
</tr>
<tr>
<td>Daycares and/or Day Homes</td>
<td>13%</td>
</tr>
<tr>
<td>City, Provincial, and/or Federal Government</td>
<td>2%</td>
</tr>
<tr>
<td>Unspecified</td>
<td>12%</td>
</tr>
<tr>
<td>Little Warriors (Supporter, Volunteer, Staff, and/or Board)</td>
<td>6%</td>
</tr>
<tr>
<td>Parent, Foster Parent, Surrogate, and/or Grandparent</td>
<td>5%</td>
</tr>
<tr>
<td>Professional (e.g., Doctor, Nurse, RCMP, Dentist, etc.)</td>
<td>2%</td>
</tr>
</tbody>
</table>
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“As a board member, a father and a stewards of children facilitator, I am amazed at the demand for the Stewards of Children prevention program over the last year. Teaching adults how to help prevent, recognize the signs and symptoms and how react to child sexual abuse has been a rewarding experience.”

**Gary M., Little Warriors Board Director**
Case Study 1
Community Members Giving Back to the Community - W. Brett Wilson

Garden Party, Calgary, Alberta, Canada

Setting the standard for corporate social responsibility, W. Brett Wilson and FirstEnergy Capital Corp. have supported hundreds of community organizations through innovative community sharing programs and highly regarded charity events.

As is now widely understood in the Calgary community, the price of admission to these popular events is a charity cheque. Over the past 15 years, these events have generated millions toward worthy charities. In turn, these charities have touched the lives of too many to count.

With one of Calgary’s most beautiful gardens, Mr. Wilson puts it to good use each year by throwing his own fundraising event – his annual “Garden Party”. This year’s bash – in support of LittleWarriors – drew 400 people. One fabulous, entertaining night – which included a special performance by singer and songwriter Beverley Mahood – helped to generate $100,000 for Little Warriors, providing a priceless opportunity for building profile and support amongst Calgary’s community leaders.

Little Warriors deeply honors and values the support of W. Brett Wilson and FirstEnergy Capital Corp., and all the individual donors that helped to make this event possible.

"It’s not always comfortable to talk about sexual abuse against children. But talking about it is the best way to prevent it, which is why I’m speaking out in support of Little Warriors. In Canada, one in three girls and one in six boys will experience an unwanted sexual act. With our collective support, we can change the statistics."
W. Brett Wilson, Retired Managing Director and Chairman of FirstEnergy Capital Corp. and Little Warriors Supporter
Case Study 2
Singing Hope to Survivors

Little Warriors has been honored and privileged to meet a young and talented musical artist, Danielle Lowe. This exceptional singer and songwriter has the drive to give back to the community, and to help make a difference.

Danielle heard about Little Warriors through the media and was inspired to help support the cause with her outstanding talent. Not only did she want to help, she began to understand the complexity of child sexual abuse and the fact that our society has kept the topic of child sexual abuse in the dark. From her discoveries, Danielle was inspired to create a new song and sing about hope to survivors. Thus, the creation of the song “Jesse” dedicated to child sexual abuse survivors.

Since Little Warriors received a taping of Danielle performing “Jesse”, Little Warriors worked tirelessly with Danielle and her mother, Vicki, to share the brilliance of her talent with the public.

Throughout the course of 2008, 600 Be Brave Dolls were produced and have helped to impact the local community. The intention of the Be Brave Dolls is to reach the hands of children, in every community throughout Canada, to offer a child comfort when they disclose that they have been sexually abused. Dolls are delivered to community organizations by Little Warriors volunteers (i.e. Sexual Assault Centers, Big Brothers and Big Sisters, Aboriginal Organizations, Youth Emergency Shelters etc.).

The new Little Warriors collectible Be Brave Boy Doll for 2009 will be called “Jesse” after the song. The song will be produced and released to all major radio stations across Canada creating a demand for the Be Brave Dolls to reach the hands of multiple children in communities across Canada.

“We want to acknowledge and thank Little Warriors for the generous donation of Be Brave Dolls. The dolls will be given to children involved in our programs for immigrants. Know that your support is important and valued. On behalf of the children and youth we serve together, thank you very much.”

Elizabeth O., Executive Director, Big Brothers and Big Sisters
Case Study 3
Adults Committed to Take Action

Little Warriors is creating a movement and has launched the first Canadian prevention media campaign of its kind amounting to over $8 million dollars in donated advertising mediums. The Stewards of Children Child Sexual Abuse Prevention Program, offered by Little Warriors, is helping to stand up for our children by providing adults with the tools to help prevent child sexual abuse.

Below is an example of one of the many adults committed to help break the cycle of child sexual abuse.

“I was completely and utterly disturbed and inspired by the presentation. I was inspired after listening to the presentation because I felt like I could make a difference and WILL. Disturbed based on the statistics of children who have been and are sexually exploited and abused. 1 in 3 girls and 1 in 6 boys, sexually abused before their 18th birthdays. This means that right now you know children that are being sexually abused.

After hearing those numbers, what was even more staggering is that most child victims NEVER report the abuse.

This problem is a social issue, and it undermines our communities, our families and our children. Imagine how many social issues might be helped by putting an end to child sexual abuse right now.

How do we do this? By educating ourselves and others, talking with our children, bringing awareness to the problem rather than keeping it a secret, demanding policies are in place (e.g. criminal record checks, child welfare checks) to protect children where they are (i.e. schools, daycares, music lessons, sports, dance, etc.)

I would urge you to take the course and to find out more, information can be found at www.littlewarriors.ca. We ALL have a role to play in the safety of our children. We ALL have a role to play in prevention and education. If sexual abuse has been a damaging part of your history or the life of someone you know, there is help and support available.

Please help support Little Warriors. I am READY to make a difference.

In light,
Joelle G.”
Case Study 4
The Gift of Giving

One story that captured the hearts of Little Warriors was a lovely lady who decided to give back to the community versus receiving.

Inger M. enjoyed her 65th Birthday and collected donations from her friends in lieu of receiving gifts to help support Little Warriors and its initiatives. Inger M. collectively helped to raise $305 for Little Warriors.

Case Study 5
Children that Care

Children are inspired to help make a difference and want to help protect other children from the impact of child sexual abuse. Our community is blessed to have caring and compassionate children that are helping to define our future.

A grade 5/6 class donated $80 dollars that they made from their mini “business” assignment to Little Warriors. Not only did the class donate and learn about giving, it also allowed the opportunity for these children to learn about the issue of child sexual abuse.

"Little Warriors began as the personal vision and dream of one person, but it has grown to include the efforts and passions of many people dedicated to help prevent child sexual abuse. Little Warriors is more than an organization. It is a movement and sign that the subject of child sexual abuse can be discussed and that talking about it and taking action can help prevent it."

Ilan C., Communication Expert and Little Warriors Board Director
2008 Founding Partners

Arctic Spas
trafik interactive
Banister Research & Consulting Inc.
Barking Dog Photography
Candice Dowhaniuk
Coast Paper
Cowan Graphics
Creative Concepts
Cweet Pear Productions
Decore Hotels
g[squared]
G Meldrum Holdings
Ion Print Solutions

Johnson Management Ltd.
Kingston Ross Pasnak
Lehigh Inland Cement
Lloyd Sadd Insurance Brokers
Lynette Esak
Marshall and Lisa Sadd
Mike and Lisa Bacchus
National Leasing Group
Norris Outdoor
Sorrell Financial
Stephen Kates
Venger Group

2008 Grantors

Alberta Wilbert Sales
The Calgary Foundation
Edmonton Community Adult Learning Association
Edmonton Oilers Community Foundation
Edmonton Police Foundation
The Kiwanis Club of Edmonton
Minerva Foundation
Shaw Community Foundation
Telus Community Foundation

“...My business partners and I all have young children. We were shocked by the statistics about child sexual abuse. The fact that sexual abuse happens to any child is unimaginable. That’s why we got involved with Little Warriors. We want to help prevent child sexual abuse. We can help make a difference.”

James K., Vice President of Marketing, Arctic Spas and Little Warriors Supporter
Reflecting on its origins as a family run business, Shaw endeavors to respect and support the interests and values of communities it serves. As a company, we give to deserving organizations and try to support their valuable activities in communities across Canada. Shaw is pleased to help support Little Warriors in length of support for the child sexual abuse prevention training program offered, which will help impact both children and adults.

JR S., Executive Chair, Shaw Community Foundation and Little Warriors Supporter
What a successful and fulfilling year it has been serving on the board for Little Warriors. Our accomplishments have made the surrounding community more aware of child sexual abuse, and have helped adults recognize signs of abuse through our training program. It has been my pleasure to be a part of this worthwhile endeavor.

Heather S., Executive Chair, Corus Entertainment Inc., and Little Warriors Board Director
As a businesswoman and the mother of two young boys, I am proud to be a Board Member of Little Warriors. Little Warriors encourages adults to take action in the prevention of child sexual abuse by offering the Stewards of Children program. Through this innovative prevention program adults learn to recognize signs, symptoms, and risk factors and learn tangible and useful prevention strategies.

Karyn D., President, Decore Hotels and Little Warriors Board Director
Our Amazing Volunteers Committed to Helping to Protect our Children…

Aleina W.
Alicia V.
Amanda P.
Bev M.
Bonnie W.
Brandon S.
Cam B.
Carrie M.
Claire S.
Cortney N.
Cynthia G.
Dee T.
Donna R.
Gary M.
Jackie C.

Janice F.
Jean L.
Jennifer A.
Jennifer D.
Jennifer K.
Jessica Y.
Jill M.
Joanne B.
Joseph G.
Joy O.
Kim K.
Kim L.
Kristel V.
Lauren T.
Laurie S.

Lewis C.
Lori S.
Lyndsay P.
Margo B.
Marie M.
Marion F.
Norman M.
Sara P.
Shirley T.
Stephan R.
Susan B.
Terri P. C.
Trista A.
Vanessa O.
Wendy B.

“2008 was an amazing year for Little Warriors! I would have never imagined that we would have trained over 1000 people in the stewards of children program. The generosity of our communities and committed volunteers has truly touched our hearts.”

Glori Meldrum, Founder and Chair, Little Warriors
Financial Synopsis
Year ended September 30, 2008

Revenue
Designated Funds (Grants) - $66,500 (15%)
Fundraising and Donations - $366,949 (81%)
Prevention Program Delivery - $16,803 (4%)

Grand Total: $450,252

Expenses
Prevention Program Delivery - $267,348 (87%)
Administrative and Operational - $41,213 (13%)

Grand Total: $308,561

“What incredible strength and determination Little Warriors has shown for all our Little people (children) and the adults that protect them. I can feel your courage and strength and I am grateful for Little Warriors! Thank you!”

Anonymous, Little Warriors Supporter
We’re all connected. What we change in ourselves, we change for everybody that we affect. Maybe in the end that’s our purpose to have enough determination, enough compassion, enough faith to make a contribution from something difficult.

Child sexual abuse is a huge human challenge. Its effects are often devastating. But, if there is a challenge, there is an opportunity to face it. Facing our challenges is the only choice that has heart. It is the only choice that brings purpose to our pain.

Living with purpose is a decision that the wound of child sexual abuse will be in service to something greater. Living with purpose requires individual responsibility and self-love. Purpose engages the deepest part of ourselves.

If we are survivors, we speak the truth about our experiences. We identify our feelings, honor our needs and boundaries, and take back our power and self-esteem. If we are parents or individuals who serve children, we allow the challenge of child sexual abuse to make us bolder and more committed to the actions we need to take to protect children.

When we live with purpose, we naturally come into a space of forgiveness, joy, and self-esteem. There’s an appreciation for the growth, the healing, and the personal power that challenges create.

We hope that what you have learned awakens new purpose in you. And, we ask that you bring that purpose to all the children in your life.

*Article written by Darkness to Light.*