

Possible adverse effects of childhood sexual abuse exhibited in adulthood

Sexual and Physical Health	<ul style="list-style-type: none">• Somatic problems• Risky lifestyles (e.g. smoking, alcohol and drug use)• Poorer physical health• Poorer perception of physical health• More frequent visits to the physician• Occupational disability• Chronic diseases• Chronic pain• High-risk sexual behaviour (unprotected sex, multiple partners, etc.)• Gynecological and perinatal complications• Sexual problems (e.g. painful intercourse, vaginismus in women)• Greater risk of contracting HIV and STBBIs
Psychological	<ul style="list-style-type: none">• Mental health problems (depression, personality disorders, psychotic disorders, panic disorder, etc.)• Psychological distress• Dissociation• Symptoms of post-traumatic stress disorder• Anxiety• Self-mutilation• Suicidal thoughts, attempted or completed suicide• Drug and alcohol abuse
Relational and Marital	<ul style="list-style-type: none">• Less trusting of others• Commitment issues• Greater family and personal conflict• Isolation• Fear of intimacy• Marital dissatisfaction• Less stable relationships with partners• Marital conflict• Spousal violence
Parental	<ul style="list-style-type: none">• Permissive parenting practices• Parenting stress• Parentification of children• Troubled parent-child relationships
Perinatal Period	<ul style="list-style-type: none">• Early motherhood• Renewed symptoms of post-traumatic stress disorder (during pregnancy, delivery, nursing)• Premature births• Post-partum depression