



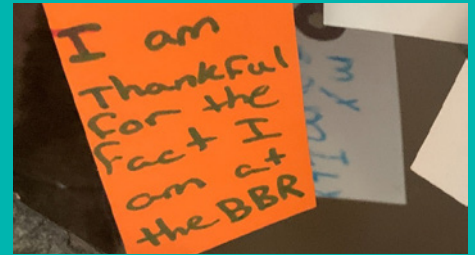
Changing Lives

Through specialized, trauma-informed
evidence-based, treatment

The Little Warriors Be Brave Ranch by Ray LaBonte and Family is a specialized, trauma-informed evidence-based, treatment centre focused on helping children who have been sexually abused, as well as their families.

Designed with significant input from many leading academic and clinical experts who specialize in child sexual abuse, the Be Brave Ranch program will help children overcome the devastating effects of child sexual abuse and change the trajectory of their lives.

With the proper therapeutic interventions, child survivors of sexual abuse can become adults with strong mental health that supports a positive outlook on life and enables them to participate in life and accomplish their goals.



The Be Brave Ranch treatment program is based on an intensive episodes of treatment. The treatment for the children begins with a 26-day stay at the Be Brave Ranch for children aged 8-12 and a 12-day stay for girls aged 13-17. During their initial intensive intervention, children are placed in a peer group or “cohort”, which helps them create strong bonds and encourages greater support.

Throughout the year, children return to the Ranch for three additional intensive interventions for 12 days to continue their face-to-face therapy and reconnect with their cohort in person.

In between stays, children work with the clinical team on an outpatient basis and in collaboration with resources in their community. The Be Brave Ranch team values work with other community agencies and supports to address the needs of children, youth and families across the continuum of care.

Our Clinical Results

Clinical data results confirm the success of the Be Brave Ranch treatment program for boys and girls aged 8-12 and girls aged 13-17. The results include highly significant

reductions in post-traumatic stress disorder (PTSD), depression and anxiety. Additionally, the intensive and comprehensive treatment program significantly improves self-esteem, cognitive abilities and resiliency.

We believe this will lead to profound long-term benefits including reduced mental-health related issues and enriched outcomes for these children in the future.



little warriors
Be Brave Ranch
by Ray LaBonte & Family

Little Warriors relies on the ongoing generosity of compassionate donors in order for us to continue to provide treatment and support to children and families at the Be Brave Ranch. Published research conducted by our Scientific and Clinical Committee indicate that for every dollar invested in the Little Warriors Be Brave Ranch, \$11 is saved in social services and healthcare costs. For every \$1 million invested, over \$11 million is saved. **Learn more at littlewarriors.ca/be-brave-ranch**